## Fitness machine





# Fitness element FP-007SO Leg workout machine - orange

Product type FP-007SO-10

### **Basic information**

Age category from 15 years
Minimum area 4,2 m x 3,55 m

Equipment measurements 1,2 m x 0,55 m x 1,25 m

Free fall height:

Load capacity:

Max. number of users:

Fall zone: EN 1177

Designation:

Availability of spare parts:

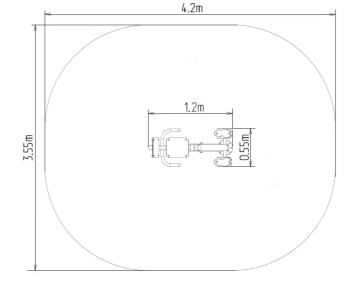
Certificate of Compliance:

10 m
120 kg
110 kg
11

#### Material

Supporting column, handles - made of steel tubes

Seat and backrest - HDPE



## Finish

null

## **Description**

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless. Functions: It increases strength of legs, thighs and calves. Exercises lays a special emphasis on the four-part muscle, buttock and thighs.

Instructions: Sit down on the seat and place your soles on the small platforms. Push your legs until stretching them completely. Return to the original position slowly.