



Fitness element FP-008SL Rider - lime

Product type FP-008SL-10

Basic information

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|------------------------------|--------------------------|
| Age category | from 15 years |
| Minimum area | 4,35 m x 3,62 m |
| Equipment measurements | 1,35 m x 0,62 m x 1,35 m |
| Free fall height: | 1.0 m |
| Load capacity: | 120 kg |
| Max. number of users: | 1 |
| Fall zone: EN 1177 | null |
| Designation: | exterior |
| Availability of spare parts: | supplied by the |
| Certificate of Compliance: | ČSN EN 16630:2016 |

Material

Supporting column, handles - made of steel tubes
Seat and backrest - HDPE

Finish

null
null

Description

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: It builds muscles of upper and lower extremities. It shapes the arms, waist, abdomen, and back. It improves the performance of the heart and the respiratory tract and the cardiovascular functions.

Instructions: Sit down on the seat, lean forward and grasp the handles in front of you. By pulling the handles and pressing the pedals downwards stretch your back.

