Category

Fitness machine

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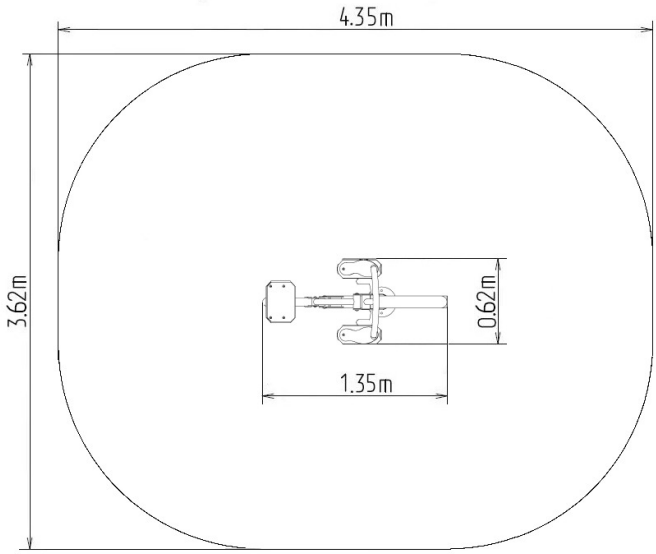
Fitness element FP-008ST Rider - turquoise

Product type FP-008ST-10

Basic information

Age category	from 15 years
Minimum area	4,35 m x 3,62 m
Equipment measurements	1,35 m x 0,62 m x 1,35 m
Free fall height:	1.0 m
Load capacity:	120 kg
Max. number of users:	1
Fall zone: EN 1177	null
Designation:	exterior
Availability of spare parts:	supplied by the
Certificate of Compliance:	ČSN EN 16630:2016



Material

Supporting column, handles - made of steel tubes
Seat and backrest - HDPE

Finish

Duplex powder coated with coat curing
Hot-dip galvanizing

Description

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.
Functions: It builds muscles of upper and lower extremities. It shapes the arms, waist, abdomen, and back. It improves the performance of the heart and the respiratory
tract and the cardiovascular functions.
Instructions: Sit down on the seat, lean forward and grasp the handles in front of you. By pulling the handles and pressing the pedals downwards stretch your back.

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