



Fitness element FP-012SO Orbitek - orange

Product type FP-012SO-10

Basic information

Age category	from 15 years
Minimum area	4,03 m x 3,52 m
Equipment measurements	1,03 m x 0,52 m x 1,42 m
Free fall height:	1.0 m
Load capacity:	140 kg
Max. number of users:	1
Fall zone: EN 1177	null
Designation:	exterior
Availability of spare parts:	supplied by the
Certificate of Compliance:	ČSN EN 16630:2016

Material

Supporting column, handles - made of steel tubes

Finish

null
null

Description

The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: It develops the lower extremities, builds the muscles of thighs and calves, along with the lumbar and abdominal muscles. It improves endurance of the heart and the function of vessels and the coordination of the whole body.

Instructions: Position yourself with your soles on the small platforms and grasp the handles firmly. Move simultaneously with your hands and legs as if you were cycling. Hold your back upright.

