Fitness machine





Fitness element FP-016ST Cycling Trainer (Orbi-Bike Plus) -

Product type

FP-016ST-10

Basic information 4.02m Age category from 15 years 4,02 m x 3,71 m Minimum area Equipment measurements 1,02 m x 0,71 m x 1,33 m 1.0 m Free fall height: 120 kg Load capacity: Max. number of users: 1 Fall zone: EN 1177 null Designation: exterior 1.02m Availability of spare parts: supplied by the Certificate of Compliance: ČSN EN 16630:2016 Material 3.71m E Supporting column, handles - made of steel tubes 0.7 Seat and backrest - HDPE Finish

Duplex powder coated with coat curing Hot-dip galvanizing

Description

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless. Functions: It works out the muscles of the lower part of the body, in particular upper thighs, while supporting the function of the heart and the respiratory tract and the muscle endurance.

Instructions: Sit down on the seat, grasp the handles with both hands and start pedalling as if you were cycling.