Category Fitness machine



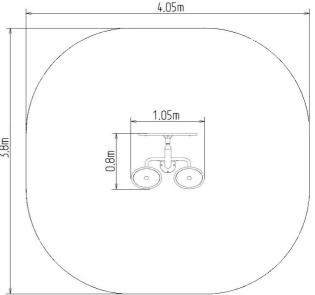


Fitness element FP-022SL Tai-chi - lime

Product type

FP-022SL-10 **Basic information**

Busic information			
Age category Minimum area Equipment measurements Free fall height: Load capacity: Max. number of users: Fall zone: EN 1177 Designation: Availability of spare parts: Certificate of Compliance:	from 15 years 4,05 m x 3,8 m 1,05 m x 0,8 m x 1,71 m 1.0 m 140 kg 1 null exterior supplied by the ČSN EN 16630:2016		
Material Supporting column, handles	- made of steel tubes	3.8m	L O BU



Finish

null null

Description

The wheels are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: It trains muscles of arms and shoulders. It improves the cardiovascular functions and flexibility of muscles and ligaments of the upper part of the body.

Instructions: Place your palms on the surface of the turning wheel and move with them as if you were drawing circles. Perform the movement in one and the other direction.