Fitness machine



3.94m

0.94m



Fitness element FP-018ST Pendulum - turquoise

FP-018ST-10 Product type

Basic information

Age category from 15 years Minimum area 3,94 m x 3,82 m 0,94 m x 0,82 m x 1,55 m **Equipment measurements**

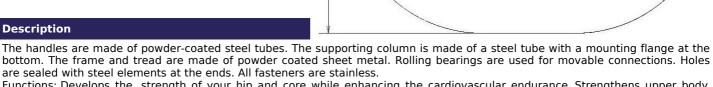
Free fall height: 1.0 m 140 kg Load capacity: Max. number of users: 1 Fall zone: EN 1177 null Designation: exterior Availability of spare parts: supplied by the Certificate of Compliance: ČSN EN 16630:2016

Material

Supporting column, handles - made of steel tubes

Finish

Duplex powder coated with coat curing Hot-dip galvanizing



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Functions: Develops the strength of your hip and core while enhancing the cardiovascular endurance. Strengthens upper body, biceps, forearms, lower back, and abdominals at the same time improving coordination. Instructions: Grab the handrails and step onto the platform with both feet. Start the

swinging movement of the lower body from left to right.