Category

Fitness machine

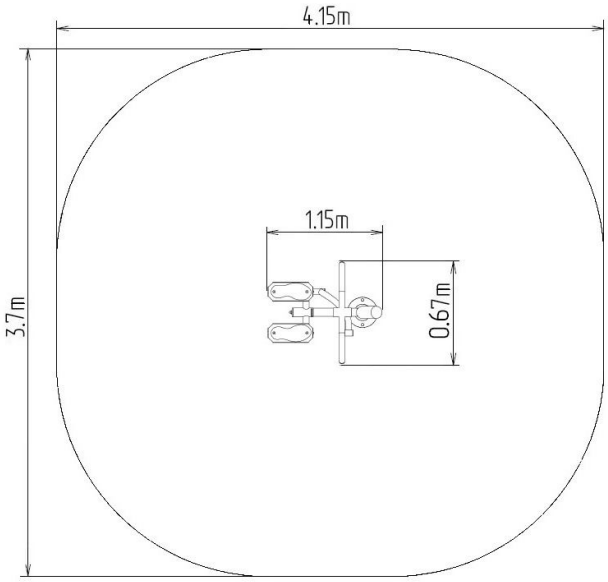
www.zaidimuaiksteles-bonita.lt

Fitness element FP-011ST Steps - turquoise

Product type FP-011ST-10

Basic information

Age category	from 15 years
Minimum area	4,15 m x 3,7 m
Equipment measurements	1,15 m x 0,67 m x 2,07 m
Free fall height:	1.0 m
Load capacity:	140 kg
Max. number of users:	1
Fall zone: EN 1177	null
Designation:	exterior
Availability of spare parts:	supplied by the
Certificate of Compliance:	ČSN EN 16630:2016



Material

Supporting column, handles - made of steel tubes

Finish

null
null

Description

The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.
Functions: It works out the calves, thighs and buttock and muscles of upper extremities. It improves the coordination of movements and the whole body stability.
Instructions: Position yourself on the small platforms and grasp the handles firmly. Start pressing on the small platforms on which you are standing as if you were walking on the spot, and swing in turns with your arms along the body.

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