## Fitness machine





## Fitness element FP-015ST Cycling Trainer (Orbi-Bike Plus) -

Product type

FP-015ST-10

## **Basic information** Age category from 15 years 4.02m Minimum area 4,02 m x 3,71 m 1,02 m x 0,71 m x 1,49 m Equipment measurements 1.0 m Free fall height: 120 kg Load capacity: Max. number of users: 1 Fall zone: EN 1177 null Designation: exterior 1.02m Availability of spare parts: supplied by the Certificate of Compliance: ČSN EN 16630:2016 Material 3.71m E Supporting column, handles - made of steel tubes Seat and backrest - HDPE Finish

Duplex powder coated with coat curing Hot-dip galvanizing

## Description

Seat and backrest are made of aluminum and covered with HDPE polyethylene (high-pressure, full-colored polyethylene, which is characterized by high color stability, UV resistance). The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The seat frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless. Functions: It works out the muscles of lower and upper extremities, such as calves, thighs and muscles of arms. It improves the cardiovascular functions and muscle endurance.

Instructions: Sit on the seat holding the grips with both hands, place the feet on the platforms and simultaneously move your arms and legs.