Fitness machine



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Fitness element FP-025SS Bench

Product type FP-025SS-10

Basic information

Age category from 15 years

Minimum area 3,83 m \times 3,83 m

Equipment measurements 1,71 m \times 1,71 m \times 1,25 m

Free fall height:

Load capacity:

Max. number of users:

Fall zone: EN 1177

Designation:

Availability of spare parts:

Certificate of Compliance:

10 m
120 kg
110 m
120 kg
110 m
120 kg
110 m
120 kg
120

Material

Supporting column, handles - made of steel tubes

1,32m 1,32m

Finish

Duplex powder coated with coat curing Hot-dip galvanizing

Description

The frame is made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: Strengthens the muscles of the abdomen, hips and back.

Instructions: Lie down on a bench. Place your arms over your chest and slowly bend the body forward and then return to your starting position.