

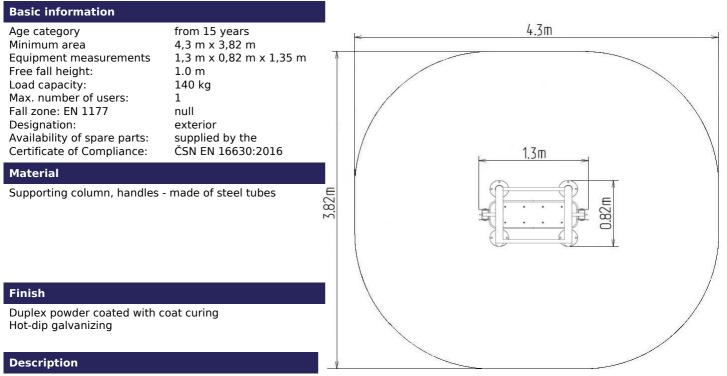




Fitness element FP-019SO Surfer - orange

Product type

FP-019SO-10



The handles are made of powder-coated steel tubes. The supporting column is made of a steel tube with a mounting flange at the bottom. The frame and tread are made of powder coated sheet metal. Rolling bearings are used for movable connections. Holes are sealed with steel elements at the ends. All fasteners are stainless.

Functions: Develops the strength of your hip and core while enhancing the cardiovascular endurance. Strengthens stomach and gluteus muscles.

Instructions: Step on the platform and grab the handrail firmly. Start swinging both sides without releasing the handrail.